

# OUR COMMUNITY WHAT'S ON

NOVEMBER 2023



## BBP EVENTS

### BBP LUNCH CLUB X CATERLY EVERY THURSDAY

TIME: 11.30AM - 2.00PM  
LOCATION: MAIN LAKE

### THE ENGLISH INDIAN - INDIAN STYLE FISH & CHIPS

THURSDAY 2ND NOVEMBER

### CHEF STEF - MAC & CHEESE

THURSDAY 9TH NOVEMBER

### THAT'S MATURE - TOASTIES

THURSDAY 16TH NOVEMBER

### GURDEV'S INDIAN STREET FOOD - INDIAN

THURSDAY 23RD NOVEMBER

### THAT'S NUGS - CHICKEN NUGGETS & FRIES

THURSDAY 30TH NOVEMBER

### TRAVELLING COFFEE BAR EVERY THURSDAY

### KATIE & THE BODYSHOP EVERY THURSDAY



### BBP CHRISTMAS WREATH MAKING

THURSDAY 30TH NOVEMBER

Time: 11.00am - 3.30pm (1 hour sessions)  
Location: Main Lake

Our sustainable wreath-making event is back! Get festive, learn a new skill, meet your neighbours, and create a beautiful Christmas wreath to bring home with you! Our landscaping team, Nurture, will host the relaxed one-hour workshop where you and your team will be shown step-by-step how to make your own unique wreath. Tickets are £5 with all proceeds going direct to our partnered charity, Birmingham Dogs Home.

BBP Wreath Making 11:00am - 12:00pm  
BBP Wreath Making 12:00pm - 1:00pm  
BBP Wreath Making 1:00pm - 2:00pm  
BBP Wreath Making 2:30pm - 3:30pm

Book your tickets here -

<https://bit.ly/BBPWreathMaking>

## November

M	T	W	T	F	S	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

### MENOPAUSE CAFE

THURSDAY 9TH NOVEMBER

Time: 1.00pm - 2.00pm

Location: Park Management Hub

Come along to our monthly Menopause Cafés! Meet like-minded people, chat about all things menopause over a cuppa tea or coffee and share your experiences! This is an open meeting for people of all genders to come and chat about all things peri and post menopause related. The aim is to break the taboo and increase awareness of the impact of the menopause transition on those experiencing it, their family, friends, and their colleagues. [BOOK HERE](#)

### HR WORKSHOP WITH COLDEN HR

WEDNESDAY 8TH NOVEMBER

Time: 12.00pm - 1.00pm

Location: Park Management Hub

The aim of the session is to bring you up to date with recent and forthcoming Employment Law changes and changes to policy that may impact your business in 2024 and beyond. There will also be an opportunity to look forward to the Christmas festivities which are now just around the corner and to discuss some useful tips on how to help your business to enjoy the celebrations whilst avoiding potential pitfalls for employers! All those attending will receive a link to a free HR checklist. The team from Colden Human Resources will also stay on site for an hour after the presentation to answer specific questions relating to your business and your people. To sign up, email [lori@birminghambusinesspark.co.uk](mailto:lori@birminghambusinesspark.co.uk)

## BBP PERKS

### WIN A FREE LUNCH AT BBP LUNCH CLUB

Hungry for a free lunch? Join us over on our Instagram competition now! Follow us at @bhamp where you could win a delicious lunch from the BBP lunch club on us!

## BBP NETWORKING

### SHARED READING CLUB

TUESDAY 7TH NOVEMBER

Time: 1.00pm - 2.00pm

Location: Park Management Hub

Shared reading is an internationally recognised method of promoting wellbeing, and Polly Wright, Director of the Hearth Centre will be leading a lunchtime reading session here at Birmingham Business Park free for all our occupiers. The hour session is a fantastic opportunity for participants to unwind and explore relaxation through shared reading. Includes complimentary free hot drinks and lunch. Book your tickets here - <https://BBPSharedReadingClubNovember.eventbrite.co.uk>

## BBP APPEALS

### BIRMINGHAM DOGS HOME BARKING BREAKFAST

WEDNESDAY 15TH NOVEMBER

Time: 8.00am

Location: Birmingham Dogs Home,  
Catherine-de-Barnes Lane, Solihull, B92 0DJ

Join Birmingham Dogs Home for a morning of breakfast, refreshments, networking, and dogs at their Barking Breakfast event! Meet other dog friendly companies across the West Midlands, hear from leading experts on their topics and find out how you can give back to the community.

Breakfast and refreshments are included. The event opens from 8am and then will close around 10:30 to 11.00am. Dogs are very welcome at the event.

To secure your place book your ticket here - <https://bit.ly/BarkingBreakfast>

If you have any questions please do not hesitate to get in touch with Sophie Evans at Birmingham Dogs Home by emailing - [Sophie@birminghamdogshome.org.uk](mailto:Sophie@birminghamdogshome.org.uk)



### BIRMINGHAM DOGS HOME - CHRISTMAS APPEAL

Drop off: Park Management Hub

We're launching our Christmas appeal for Birmingham Dogs Home, and we are asking for our community (if you can) to donate dog food, treats, beds, toys, collars, and leads. The team are currently not accepting donations of blankets, pillows, or duvets (their store-rooms are full!). You can drop any donations to the BBP Park Management Hub or the collection bins outside Birmingham Dogs Home reception area. Thank you for your support!

### BOX OF WISHES

Spread joy this holiday season by dropping off a bundle of furry delight under our Christmas Wishes Tree! Our four-legged friends are looking for food, treats, toys, and cozy blankets. You can even explore our fabulous Corporate Hampers for a special touch. To find out more please email: [sophie@birminghamdogshome.org.uk](mailto:sophie@birminghamdogshome.org.uk)

### BIRMINGHAM DOG HOME BBP COMMUNITY WEB PAGE

For all the latest fundraising opportunities and community events with Birmingham Dogs Home please visit

