

# September

## Wednesday 10th

### Fleet Logistics Salary Sacrifice Car Scheme Pop-Up Event

**10am – 2pm**  
**Waterside Centre**

Meet SalAd, the UK's freshest salary sacrifice car scheme. Discover how employees can drive a brand-new, fully maintained, and insured car while saving money and reducing carbon emissions – all at no cost to organisations. No booking required. Simply turn up.

## Wednesday 10th

### BBP Yoga Club

**12pm, 12:30pm, 1pm & 1:30pm**  
**6270 Bishops Court**

Take a well-earned movement break with 20 minutes of flowing yoga designed to combat desk fatigue and leave you feeling refreshed. £5 per session.

## Thursday 11th

### Puppy Therapy

**11am – 3:30pm**  
**BBP Main Lake**

Join us for our very first Puppy Therapy session - It's the perfect way to treat yourself to some cuddles and stress-free vibes. Bookable in 20-minute sessions. Spaces are limited.

## Thursday 18th

### BBP Litter Walk

**11am – 12pm**  
**BBP Management Hub**

Join us for World Pick Up Day with a Community Litter Pick. A chance to meet new people, give back, and help create a cleaner, greener local environment. Book your spot via the What's On page on our website.

## Tuesday 23rd

### BBP Reading Club

**1pm – 2pm**  
**BBP Management Hub**

Engage in a shared reading experience, discussing literature and its connections to life hosted by Ali Belbin. You won't need to bring anything – all material is provided. Hot drinks and lunch will also be available

## Thursday 25th

### BBP Menopause Cafe

**1pm – 2pm**  
**BBP Management Hub**

Come along for an open and supportive discussion on all things peri and post-menopause. Whether you'd like to share your journey, ask questions, or simply listen, this welcoming space offers a chance to connect over tea and biscuits. It's also a great chance to network and learn from others. Bring a friend or two - just be sure to RSVP so we can prepare for everyone.



### BBP Lunch Club x Caterly

Every Thursday | 11:30am – 2pm | Main Lake

4th	Charlies Fried Chicken
11th	English Indian
18th	That's Mature
25th	Rocket Dogs & Early Bird Bakery

**Stay tuned for  
upcoming events**



**Visit our  
website  
for more  
information**

