

October

Thursday 2nd

Barclays Van

Main Lake
11:30am – 2pm

The Barclays Van is coming to the park, providing free financial guidance. Pop in for friendly advice on budgeting, home buying, reducing expenses, or staying safe with digital banking. The service is open to everyone - you don't need to be a Barclays customer to join. Please note that cash handling and counter services will not be available.

Wednesday 8th

Social Value Committee

Park Management Hub
12pm – 2pm

Be part of the BBP Social Value Committee, where stakeholders and community leaders collaborate to create positive impact. Hear from inspiring speakers representing Birmingham Hospice, Colebridge Trust, Solihull Council, and Solihull College. This session offers valuable insights and practical approaches for those committed to driving social and economic value within our community.

Thursday 9th

BBP Honey Harvest Workshop

Park Management Hub
1pm – 2pm

Take part in the Honey Harvest Workshop! Discover the world of bees with Beekeeper Gabby, get involved in interactive activities, and try your hand at extracting honey from fresh frames. Spaces are limited - reserve your spot by emailing lori@birminghambusinesspark.co.uk

Tuesday 14th

Netwalking

Park Management Hub
12:15pm

Netwalking is back! It's a win-win: fresh air, gentle exercise, and the chance to build relationships that support your wellbeing and work life. Walk takes approx. 25 minutes. Please visit our website to book your place.

Wednesday 22nd

Mamoxx Latte Experience

Mamoxx
9:30am – 10:15am

Learn the art of making the perfect latte with guidance from Mamoxx's latte expert. From frothing milk to balancing flavour, discover the secrets behind a smooth and creamy cup. Spaces are limited and available on a first come, first served basis Email lori@birminghambusinesspark.co.uk to reserve your spot!

Thursday 30th

BBP Menopause Cafe

1pm – 2pm
BBP Management Hub

Join us for an open and supportive discussion on all things peri- and post-menopause. Whether you'd like to share your journey, ask questions, or simply listen, this welcoming space offers the opportunity to connect over tea, coffee, and lunch. It's also a great chance to network and learn from others. Bring a friend or two, and please be sure to RSVP so we can accommodate everyone comfortably.

BBP Lunch Club x Caterly

Every Thursday | Main Lake
11:30am – 2:30pm

2nd	That's Nugs
9th	Hunger
16th	Currywurst
23rd	English Indian
30th	Disco Fries



Stay tuned for
upcoming events



Visit our website
for more information