WHAT'S ON GUIDE

May



Wednesday 7th

Drug and Alcohol Awareness

12pm - 1pm **BBP Management Hub**

Join us for an informative and engaging Lunch and Learn session hosted by SIAS, designed to raise awareness and understanding around drug and alcohol use, its impact, and how we can support those affected.

0000000 Wednesday 21st

Community Litter Pick Up

11am - 12pm Meet at Main Lake Benches

Let's come together and give our local area a little love. It's a great way to make a difference, get some fresh air, and meet your neighbours. Gloves and bags provided.



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Thursday 8th

BBP Meet the Bees

11:30am - 1pm **BBP Main Lake**

Explore the fascinating world of beekeeping where you'll learn about bee care, protective gear, and hive inspection guided by an experienced beekeeper.



BBP Allotment Club

12pm - 1pm

Join us for an hour of gardening, learning, and socialising at our community allotment, with guidance from experts at Nurture Landscapes.

0000000 Wednesday 14th

BBP Yoga Club

12pm, 12:30pm, 1pm & 1:30pm First Floor 3160 Park Square, BBP

Take a well-earned movement break with 20 minutes of flowing yoga designed to combat desk fatigue and leave you feeling refreshed. £5 per session.



BBP Menopause Café

1pm - 2pm **BBP Management Hub**

Connect with like-minded people in a welcoming, judgment-free space to chat about all thing's peri and postmenopause over tea, coffee, and lunch. All genders and ages welcome.

BBP Lunch Club x Caterly

Every Thursday | 11:30am - 2pm | Main Lake

- English Indian 1st
- 8th Urban Spice Box
- 15th That's Mature
- 22nd Currywurst 29th
 - Chatty Patty

Stay tuned for upcoming events

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Visit our website for more information

