

OUR COMMUNITY PARK MAGAZINE

AUTUMN 2022



Careers Advice
SPECIAL EDITION



BEE HAPPY AT BBP

PARK HONEY GETS A NEW LOOK TO HELP RAISE MORE MONEY FOR CHARITY

hello!

Welcome to your Autumn edition of 'Our Community' magazine.

This season you will see the Park at its most colourful with splashes of scarlet maple red on the trees and crunchy piles of golden leaves carpeting our woodland walk. One last burst of colour before the year bows out. I encourage you to make time for a lunchtime walk, looping the Park, to make the most of the views.

This edition is a 'careers special' which means that it will be shared with the upcoming talent of tomorrow – local students.

It's a chance for the 150 businesses who call Birmingham Business Park home to inspire employees of tomorrow. We hope that we go some way in making strides for young people, particularly those from diverse backgrounds, to feel like there is a place for them here.

I hope you enjoy reading the career stories as much as I have.

See you around!

Lori Henebury, Marketing, Community and Business Development Manager



FROM MINDFULNESS TO SPORTS
EVENTS, PARK LIFE IS RICH AND VARIED

What a Business Park looks like!

Have you recently relocated to Birmingham Business Park, or is your company looking at a new and exciting office space?

Well, you may be wondering what life is like at BBP.

We're described as 'the most established out-of-town office park in the Midlands' and we're home to over 150 companies, over 10,000 employees and the European and UK office headquarters for over 20 organisations.

BBP also offers 24-hour security, an on-site management team and landscape gardeners to ensure the Park's wonderful outdoor spaces look their best all year round.

At Birmingham Business Park, our tenants' welfare and sustainability is our number one priority and we believe that commitment and engagement for employees on the park is essential.

Our packed calendar of wellbeing sessions, mental health events, netwalking and outdoor dining options ensure Park occupiers can enjoy the great outdoors on their workplace doorstep.

The Park hosts regular wellbeing workshops with the brilliant Zen Den

– you can't miss the big yellow US schoolbus! – and Shinrin Yoku 'forest bathing', which lets in the forest atmosphere of the Park Woodland Walk through your senses. It's an amazing experience you must try!

Great food and drink is also at the heart of Park Life and our Foodie Thursdays have a varied menu of food to go.

And if you're keen to make new work connections, look out for our Netwalking events, which sees guests take a walk and talk through BBP's lovely outdoor spaces.

The Park's first ever Sports Week was a great success with a variety of events to get the competitive spirit flowing, all for a great cause to support our charity partner the British Heart Foundation.

BBP also hosts Reading for Wellbeing sessions to share the pleasure of reading aloud, great stories, novel extracts and poetry.

And finally, our popular Allotment Club offers plots to tenant businesses to grow their own vegetables with guidance from experts.

Follow our social media for latest events – Insta: [bhambp](#) Facebook: [birminghambusinesspark](#)

Stop Press!

PROUD TO WIN CHAMBER AWARD

Birmingham Business Park is pleased to be winner of the award for 'Excellence in Responsible Business' at the Solihull Chamber of Commerce Awards 2022.

The award seeks to recognise and reward companies that are embracing the journey to build healthy workforces, create sustainable communities and show a strong commitment to ESG. The award was independently judged and distinguishes companies deemed to be the most exemplary in terms of achieving significant progress.

The Park won due to its commitment to building a resilient community committed to creating a healthy workplace for the businesses that reside here.



**Birmingham
Business Park**
Invested in You

Our Community magazine is
produced for Birmingham Business Park
by Edwin Ellis Creative Media
www.edwinelliscreativemedia.com

Introducing

**SAMUEL HUGHES,
MANAGEMENT SURVEYOR,
WORKMAN LLP**

Tell us about your business.

Workman was established in 1983 and is the largest independent commercial property management and building consultancy firm in the UK. Workman operates from a nationwide network of 12 UK offices, alongside two located in France. Workman has always specialised in these two disciplines to offer our clients a specialised and focused service. Our property management team manage more than 4,000 properties across the UK, providing services for more than 20,000 occupiers.

Tell us about your role.

I am a member of the Workman property management team, working out of the Birmingham office. My role involves overseeing, maintaining, and inspecting real estate property, with an aim to provide a high-quality service for our clients. We run the daily operations of our properties, dealing with any tenant and landlord related issues. I am also currently enrolled in an MSc Real Estate course with the aim to become a chartered surveyor within the next few years.

What made you join that industry?

I have always been intrigued by a career in commercial Real Estate and the various sectors within the industry. Real estate is a forward thinking, fast moving industry which is constantly evolving, adapting to new trends, markets, and the ever-increasing importance of environmental, social and governance. Property management covers a wide area, and the role can be extremely varied, which means that two days are rarely the same.



The Zen Den, live music, Sports Week, Shinrin Yoku and, inset, gift and coffee at Foodie Thursdays



Polly Wright, above, hosts Reading for Wellbeing, while Will Crawford of Quietnote, right, hosts music for mindfulness



Community SHORTS



Harvey Nash staff at BBP raised more than £200 during a static bike challenge to cycle the distance between the Birmingham office and London office.

The funds were donated to Action For Children and Leigh Cole, Harvey Nash Office Manager, said: "Throughout the Harvey Nash UK offices we have actively supported the Action For Children annual Byte Night – now rebranded as Boycott Your Bed – for the last 20 years. The team have committed to sleeping out at the event this October.

"We raised £228.85 on the day, which takes us up to 83% of our £8,000 target. Thanks to all of our BBP neighbours who contributed!"



Birmingham Business Park is a great place for four-legged friends! We love seeing people out and about walking their dogs. Send us your pooch pics and we'll feature them in this magazine and through our social media!



Val Clarke, General Manager at 4PS, shared this lovely picture of her time at the Commonwealth Games athletics in August, after winning our summer Exploration Hunt in partnership with Canon. Congratulations, Val!



Birmingham Business Park tenants were buzzing after meeting our Park bees during a unique event on Thursday, October 6th.

Businesses were invited to take part in the unique opportunity to get close to the Park's rich wildlife at a special session managed by professional local beekeepers.

During the event, guests got to wear a beekeeper suit, find out what honeybees do and why they're so special and so important for nature's eco-system.

The beekeeping experience took place at the BBP beehives next to the Main Lake, and was led by Dave Taylor from Nurture Landscapes, with the support of beekeeping experts.

It provided a great opportunity for team building with a difference. More than 30 people took part and bought jars of honey to support our partner charity, the British Heart Foundation

Lori Henebury, Marketing, Community and Business Development Manager, said: "With sustainability and biodiversity a core objective at BBP, the bees are one of several initiatives to help our environmental footprint and it was great for businesses to learn more about this.

"The number of native bees has fallen recently and it's great that BBP can help support their survival rates by having the beehives and places for them to feed and shelter."



School designs honey jar labels

The latest stock of Birmingham Business Park honey is available to buy from the BBP management offices now.

The Park's on-site landscaping team The Nurture Landscapes Group draws the honey from the beehives based at the Main Lake, making it 100% naturally sourced.

The 'Bee Happy' design on the jar was voted as our occupiers' favourite following a competition with school children from Marston Green Junior School.

The children were asked to design a label for our honey jars and we love the 'Bee Happy' message on the chosen design.

Miss Goddard, class teacher, said: "The students at school thoroughly enjoyed having the opportunity to take part in this competition. Through the competition, they were able to use and develop their creativity skills whilst also making links to the world of work."

■ If you would like a jar, pop into the Birmingham Business Park Management Office. Jars are £5, with all proceeds going to BBP partner charity, British Heart Foundation.



Above:
The chosen
design



Pick up a jar today!



GET INVOLVED IN SOLIHULL CAREERS HUB SCHEME

Cornerstone supports young people into work



BBP businesses are being encouraged to help inspire young people in the region by becoming Cornerstone Employers for Solihull's Careers Hub.

BBP already supports young people in Solihull by becoming one of The Careers and Enterprise Company's (CEC) Cornerstone Employers.

The partnership offers an opportunity to encourage many more businesses to look at how they can get involved in inspiring young people through engaging with the world of work. Regular, meaningful encounters with employers are vital in preparing young people for the world of work and never has this been more important. Four or more encounters with the world of work significantly increases young people's chances of employment and higher earnings.

Research from the CEC shows that 700,000 more employer encounters and 400,000 more workplace experiences are needed nationally each year, before we reach the required amount set out in the Government's Careers Strategy.

In response to new ways of working after the pandemic, many organisations have developed virtual work experience programmes or created digital resources, including short careers videos to ensure continued engagement with young people.

Lori Henebury, Marketing, Community and Business Development Manager at Birmingham Business Park and newly Deputy Chair of the Cornerstone Employers in Solihull, said: "We are delighted to become Cornerstone Employer of Solihull's Career Hub. During this period of economic uncertainty, more than ever, young people need support to understand the opportunities available to them once they leave education."

"I look forward to working with our businesses, suppliers, and local stakeholders to engage with schools and colleges to allow for meaningful connections and offer advantages for both parties involved."

To find out how you can get involved please visit www.careersandenterprise.co.uk/employers/become-a-cornerstone-employer/



VEOLIA WATER TECHNOLOGIES – SUPPORTING THE NEXT GENERATION OF APPRENTICES

At VWT UK, we are committed to providing extensive training, education and opportunities for the next generation entering into the water treatment industry. We are fully committed to apprenticeships, believing that individuals can develop the expertise and knowledge required for a rewarding career, while businesses train a talented workforce equipped with future-ready and adaptable skills.

That's why this year, we launched the VWT Apprenticeship Scheme with a series of Level 3 apprenticeship programmes that offer a combination of practical training with studies.

Apprenticeships were available across our Service Engineering and CAD Design Teams.

With the relaunch of the VWT Apprenticeship Scheme, we hope to improve the understanding of the diverse range of opportunities and prospects available across the business.


Furthermore, we are an organisation that is proud of our innovations and ability to adapt the way in which we work. As such, our apprentices will always be encouraged by their team to challenge the way we do things and to offer fresh ideas and solutions, all while we provide the apprentices with a strong business acumen and key transferable skills.

The VWT Apprenticeship Scheme will be open to applicants next year with the second group of apprentices joining in September 2023 to begin their training through a series of programmes between 18 months to three years. There will also be the opportunity for VWT apprentices to continue their professional development after receiving their qualification and further their careers through to degree-level apprenticeships.

To find out more about Veolia Water Technologies UK and its apprenticeship scheme, please visit: www.veoliawatertechnologies.co.uk/careers/apprenticeships

OSC Recruitment celebrates first year

HIGH-QUALITY CANDIDATES BEING PLACED

 OSC Recruitment, a dedicated recruitment consultancy based on Birmingham Business Park, has announced they are expanding their team of specialists following a successful first year which has seen them place 32 high-quality candidates.

Claire Hancox joins OSC Recruitment having been in customer service for more than 15 years, with experience in management and leadership, working in the renewable energy and transmission and distribution sector more recently. As a recruitment consultant, Claire manages the whole recruitment process from start to finish, dealing with both the client and the candidate.

OSC Recruitment is a sub-brand of Open Study College, dedicated to enhancing its offering for job seekers and employers alike.

Shawna Baker, director at OSC Recruitment, said: "It's a really exciting time for the recruitment industry at the moment with businesses hungrier than ever before to find and attract the right talent. The first year in business is always a telling one and we're really proud of the results that have led us to expand the team, bringing Claire on board is already proving to be instrumental."

"We have some exciting goals for the future which include further expansion and continuing to take the hassle out of the whole recruitment process by placing 'hard to find' candidates in their dream jobs, saving both employees and job seekers valuable time."

Claire said: "I really bought into the seamless



Claire Hancox, Recruitment Consultant, Samantha Rutter, Director and Shawna Baker, Director

candidate and client journey OSC Recruitment offers and believe I can expand on this by enhancing our existing and new client relationships. We're not just a 'run of the mill' agency, we fully invest our time in getting to know our clients and it's this personal level of consultancy that really sets us apart. Being a part of the OSC Recruitment journey feels rewarding, and I'm proud to be a key part of the success story."

Operating in a variety of divisions, including customer services, sales, pharmaceutical, HR, legal and marketing, OSC Recruitment provides support to businesses looking to hire, as well as direct career planning and job seeking assistance from CV writing and critique workshops, interview tips and sessions, to employability guidance and career advice. To find out more about the services OSC Recruitment offer, visit www.oscrecruitment.com or contact hello@oscrecruitment.com

WHAT DO THEY DO?

Fancy a job as a Happiness Hero, Digital Prophet or Space Agent?*

Believe it or not these are just some of the weird and wonderful job titles that can actually be found on people's CVs.

Here's a guide to ten careers which play a key part in making businesses and organisations a success.

CEO

Most people think of Chief Executive Officers (CEO) as the boss. But what does the role actually mean?

CEOs are the highest ranking employee in an organisation and are the ultimate decision-makers whose short and long-term strategies govern how a company operates.

PROJECT MANAGER

Project managers are responsible for planning, designing, executing and monitoring every aspect of a project and making sure that they're completed on time and within budget.

ENVIRONMENTAL CONSULTANT

Environmental consultants provide advice on sustainability including recycling, waste management, flood risk and the effects of climate change.

MARKETING EXECUTIVE

Marketing executives promote a company's brand, products or services. These days organisations also employ specialist digital marketing executives who carry out the role online through social media, for instance.

ELECTRICAL ENGINEER

Electrical engineers are responsible for designing, building and maintaining electrical systems, equipment and machinery in workplaces ranging from factories to offices and research facilities.

BUSINESS ANALYST

Business analysts are responsible for investigating problems and examining the way organisations are run in order to provide solutions to drive improvement.

DATA SCIENTIST

Data scientists analyse and interpret large amounts of data using software, machine learning and artificial intelligence to identify, manage and solve business issues.

TECHNICAL ARCHITECT

Technical architects help plan, design and build IT systems for clients.

* A Happiness Hero is usually known as a customer service operative, a Digital Prophet is someone who finds new business opportunities for tech companies and rather than being something from Star Trek, a Space Agent really is a role used by space travel company Virgin Galactic!

 OSC Recruitment

LOOKING FOR RECRUITMENT SUPPORT?

We're here to help and with our introductory offer, you'll only pay a 12.5% fee!

Contact us on 0121 329 4654 or email hello@oscrecruitment.com to find out more.



Careers Advice

SPECIAL EDITION

WORKERS CHALLENGING
STEREOTYPES OFFER TIPS
FOR NEXT GENERATION

The BBP workers in **STEM**

Encouraging diversity fuels innovation, increases productivity and profitability and encourages stability.

It also helps companies attract and retain the best talent, according to WISE – a group which campaigns for greater gender balance in careers involving science, technology, engineering and maths (STEM.)

For years women have been under-represented in STEM university courses and careers. But there are signs of change. The latest government data shows women make up 26.7% of the Core-STEM workforce – a 1.1 per cent increase on the previous year.

But the numbers vary from sector to sector. For instance, women IT professionals make up 21.5% of the tech workforce while female engineers account for 12.5%.

Here, we speak to three inspirational women based at BBP to find out more about their career paths.

Tell us about your job and what it involves.

Daisie Nash, Trainee Planner, NG Bailey:

I started out at NG Bailey as an Electrical Apprentice, this has involved me being on huge jobs such as universities, police stations and UK BIC. On these jobs I learnt many different skills from bending a metal conduit all the way to wiring a Distribution Board. After completing my apprenticeship, I have now taken on a role within the business in the planning team.

Jennie Shackleton, NG Bailey, Electrical

Project Engineer: As Electrical Project Engineer my main responsibilities are to ensure electrical packages and activities are engineered to specification and are delivered safely, to the highest quality and to customer satisfaction.

Shaziya Chughtai, Software Developer,

4PS: I am in full-time employment working as a



Daisie Nash and Jennie Shackleton from NG Bailey

Software Developer for 4PS Construction Limited at Birmingham Business Park. This involves developing software in Microsoft Business Central. My main role is technical which involves understanding and writing code and keeping up to date with new technologies.

What is your favourite part of your job?

Daisie: I enjoy the challenges of tasks, coming up with different solutions and discussing my ideas with others to get their thoughts. Another great aspect is seeing the work completed and knowing you had a part in that building.

Jennie: the favourite part of my job is that

every day is different and there is always a new challenge/problem to solve. The great thing about my industry is that every project is different and comes with its own different requirements, which means you are constantly learning.

Shaziya: As a very busy working mother of four young children my daily schedule can be very hectic, so working from home gives me a great advantage by saving travelling time. I love the flexibility of the working hours as it enables me to manage both my home and work demands and allows me to balance two very important aspects of my day-to-day life. My colleagues and managers are great to work with and very happy

offer support and help as we work very closely together.

What attracted you to the work?

Daisie: The opportunities that come with a role within engineering. The possibilities are endless, from being on the tools as an electrical apprentice and then going into planning there are so many different roles to get into and learn about.

Jennie: I have always been hands on, creative and enjoyed problem solving so when I looked into an electrical apprenticeship, I instantly recognised it would be a great prospect for me... six months later I arrived on site with my pristine new work boots and shiny red toolbox for my first day as an electrical apprentice and I never looked back.



Shaziya Chughtai

Shaziya: As technology was rapidly changing from Navision to Microsoft Business Central, 4PS offered training which allowed me to learn practically on the job. In addition, at 4PS there was a good mix of male and female leadership roles which made it a very attractive place to work in.

What advice would you give

to other young women interested in STEM roles?

Daisie: If you are hands on like me then being on the tools, is a great job to keep busy and keep interested as no day is the same and there is always a new challenge. Or if you like to solve problems then going into a role in project engineering will keep you challenged.

Jennie: I would advise young women interested in STEM roles to make sure you research all fields, there are so many great career opportunities that you may not have thought of. Never write off a field you may think of as male dominated, a great thing about my job is the people I work with.

Shaziya: Being a minority in a male dominated field whether it be studying in university or being a software developer, you will quickly realise early on that there is always training and support available. I would suggest to always pursue your career aspirations, voice your personal and professional development needs and share your visions of improvements needed both within the company or within the team.



GRAHAM BROWN, CONTRACT MANAGER, NURTURE LANDSCAPES

Tell us about your business.

I work for Nurture Landscapes which is national landscaping company. We provide grounds maintenance, interior and exterior plant displays, workshops and through the winter, gritting services. We service a wide range of clients, predominantly in the corporate sector however we also provide services such as grass cutting to small housing developments.

The business is divided across several regions of the country and each team is managed by a different contracts manager with smaller teams at different sites. Some of these are mobile, some static.

We have recently started being involved in biodiversity projects at different locations, some of these include beehives and living roofs.

Tell us about your role?

I currently hold the title of contracts manager and work within the Midlands area. This includes Gloucester, Oxford, Bretby and Birmingham business parks which are of varying sizes and have different contractual requirements. As well as managing the teams on site, there are beehives based at Oxford and Birmingham which is exciting as I am currently being trained to be a beekeeper.

My role sees me ensuring the teams are keeping the parks tidy, quoting for extra works ranging from floating duck houses to planning new planting schemes. I also get the opportunity to run workshops at some of the parks which are seasonal and have included wreath making.

What made you join that industry?

My dad had a landscaping business that worked on Newbury business park and when I was 10 he used to take me work weeding. He would pay me a penny a weed! Having worked for him in most of the school holidays I discovered that I enjoyed the industry so went on to Writtle College after I left school and studied horticulture. I gained a Bachelor's degree in landscape amenity management and whilst I was there I had the opportunity to work at Hampton Court Flower Show, be involved in large scale planting designs and have access to a number of knowledgeable lecturers.

One piece of careers advice?

The advice that I would offer anyone who is looking to progress in this career path is to gain work experience in a number of different fields associated with this industry, the more practical experience that you can be exposed to the better.

There are very few people in this industry who have reached the top of the tree without working the tools to get there.

Careers Advice



SPECIAL EDITION: THE WOMEN IN STEM



DR ANN WARD DC, CHIROPRACTOR & FOUNDER OF CHIROPRACTIC & NATURAL WELLBEING

Tell us about your business.

Chiropractic & Natural Wellbeing was established in May 2021. The aim of starting the business was to help individuals and businesses within BBP and the wider community with their health. To support everyone during and after times of stress with your physical, emotional, nutritional and spiritual wellbeing. We believe that everyone is an individual and as a result of this we all prefer different treatment types, from hands on body work such as massage and chiropractic care, to mindfulness and guided meditations. We are based at UBC and operate seven days a week.

Tell us about your role?

I am the owner of Chiropractic and Natural wellbeing and it brings me joy helping support the therapists who have come on board with us. I am also one of a multi-talented team of chiropractors and other therapy professionals who work within Chiropractic & Natural Wellbeing.

What made you join that industry?

I always knew I wanted to help. Although a little apprehensive after Covid I knew I wanted to grow my business so as a team we would be able to help more people on a larger scale. I am deeply grateful for all of the wonderful therapists who have joined in the journey to support as many of you that we can! As a chiropractor I am deeply appreciative of chiropractic in my life and I have regular wellbeing treatments, an MOT if you will. In life it appears that we maintain everything but not so much our bodies / minds.

One piece of careers advice?

If I could go back and give myself any advice, especially at senior school, it would be to look inwards to what your own talents are. You might enjoy cooking or love research or like me know you like helping people. Find what talents you have and nurture these.

Visit www.CNWB.co.uk or email ann@cnwb.co.uk



SULZER

Tell us about your job and what it involves. Shona Fowlie, Contracts Technical Administrator

I am a Contracts Technical Administrator within Sulzer. I manage our field teams' current and forward workload, ensuring the team are fully utilised. I facilitate our monthly meetings with the Field Service Engineers, and look after all associated travel and booking administration, to ensure the team communicates well and operates as efficiently as possible.

Crystal-Lee Ellis, New Products and Contracts Co-ordinator: As a New Products and Contracts Co-ordinator, my role is to be the key communicator between the customer, the suppliers, and the business.

I look after the administration and reporting for our key contracts, managing every step of the process between goods incoming from suppliers and going out to customers. I also support our engineers with various admin and sourcing.

Sally Hall, Service Centre Manager: My job involves managing a team of around 60 people in a busy rotating equipment service centre.

We service all types of rotating equipment, mainly industrial pumps and turbo equipment, repairing it to an 'as new' condition. Our customers are from various industry sectors including power generation, oil and gas and energy from waste and

water. My job is to make sure that we supply a quality product, on time to our customers' requirements whilst remaining profitable.

Mollie Broad, Apprentice Avonmouth EMS:

The service centre where I work is focused mainly on repairing machinery from varying industries. Because of this, I may be tasked with machining a completely new component, fixing a damaged work piece, disassembling parts, or inspecting jobs to assess damage/reverse engineer.

What is your favourite part of your job?

Shona: My role is always busy as I am an administrator to a team of 20. I get a great sense of achievement getting the jobs to fit into the planner, ensuring all the customer requirements are met.

Crystal-Lee: I get to help a lot of people with lots of different things. Helping someone gives me great happiness, knowing the little task I completed will help in making someone else's job easier.

Sally: Managing people. I am lucky to work with a fabulous team of people who have such a varied skill set. When members of the team get good feedback from customers or colleagues, and I get to relay this back to them this makes me feel proud of our team.

Mollie: One of my favourite parts of my job is learning all the different techniques and processes, from an individual who has had decades worth of experience that I am able to tap into. It is refreshing to be able to learn from their constant willingness to pass on their knowledge to me. I also thoroughly enjoy being able to get involved in the larger projects and seeing how my input influences the greater objectives, I really feel like part of the team.

What attracted you to the work?

Shona: The position was extremely varied. Sulzer offered an extremely competitive salary with a great holiday allowance. The business was extremely flexible and accommodating with work and home life balance.

Crystal-Lee: I've always been interested in engineering; I enjoy knowing how things fit or work the way they do. When I found the job advertisement for a business administrative apprenticeship, at an engineering company, I saw an opportunity to work and study in an industry where I will be able to grow and learn.

Sally: I love working in service; it is my passion. I enjoy managing operational teams in a demanding and busy environment. When I first started my career in engineering, I wanted to be different and stand out as a female in a male dominated environment.

Mollie: When I was younger, I was always interested in learning how things worked and was constantly taking things apart or "inventing" things with Lego, K'nex, cardboard and tape. Even when I was in secondary school, I most enjoyed the STEM based lessons and how they gave an



Above: Crystal-Lee Ellis, Shona Fowlie and Mollie Broad. Facing page: Sally Hall

understanding of what was going on around me. When I finished my GCSEs, I knew I wanted to do an engineering apprenticeship for my post 16 option, it was just a matter of finding what would be the perfect suit for me.

What advice would you give to other young women interested in STEM roles?

Shona: Do it and don't give up! Pursue the career you want in STEM and pursue your dreams despite what anyone else says or thinks.

Crystal-Lee: The advice I would give another young female looking to work in a predominantly male environment, is that it

is not that bad. If you do your job well and respect your co-workers, they will respect you equally.

Sally: Engineering and manufacturing businesses have a lot to offer, with so many different pathways. Once you have the basics there are many routes you can follow to find your perfect career, gaining valuable experience along the way. Resilience, ambition, and a great attitude are always required and will mean that you can succeed.

Mollie: People always warn women about going into male dominated fields, but if you have the willingness to learn and a respectful attitude, you will be welcomed.

Careers Advice

SPECIAL EDITION



'Believe in yourself, take risks, venture out of your comfort zone'

HS2 HIGH-SPEED RAIL

NICOLA HENDERSON REID, HEAD OF PHASE ONE PROJECT DELIVERY

Tell us about your business

HS2 is Britain's new zero carbon, high-speed railway. It's Europe's largest infrastructure project and the Government's flagship levelling up project. HS2 will run between the North West and South East, stopping at Manchester, Birmingham and London with trains continuing on the existing rail network calling at stations all the way up to Scotland. HS2 will address three key problems facing the nation, our railways are overcrowded and desperately need more capacity, our economy is unbalanced, with more focus needed in the Midlands and the North and our climate is changing and we need to decarbonise transport as we work towards a net-zero carbon economy. HS2 will provide more capacity, cut carbon and deliver better connectivity.



Tell us about your role?

I am the Head of Phase One Programme Delivery and responsible for leading the Land and Property programme which is about buying all of the land that HS2 requires to enable construction of the railway and stations. To give you an idea of scale, we have recently completed the largest land acquisition programme since the Second World War.

I've worked at HS2 for eight years, and before starting my new role in the Land and Property team, I led the team working on the enabling works and design of the brand new HS2 Curzon Street station, which is being built in Birmingham city centre.

What made you join that industry?

I have worked in a rail and construction environment for almost 20 years. Project Management is my chosen career and when the opportunity arose to join the largest infrastructure project in Europe almost eight years ago and lead on the West Midlands Stations I jumped at the opportunity. I relocated from Yorkshire to the Midlands to be part of this legacy project, which is spearheading much wider regeneration right across the region. HS2 has supported me in achieving chartered status which means being recognised in my chosen profession.

One piece of careers advice?

Believe in yourself, take risks, venture out of your comfort zone.



Nicola Henderson Reid



Rachel Johnson



Main picture: An artist's impression of HS2 Interchange Station from the lake. Below left: HS2 workers safely install its first highways bridge over the M42

Pictures courtesy HS2

Manchester in just 37 minutes and London Euston in just 38 minutes.

Tell us about your role?

My role is to work with HS2's construction contractors and speak to local businesses, residents and communities about the work we are doing to build the railway. I ensure people are kept informed about our construction works, resolve any queries or issues people may have, and keep them up to date on all the benefits and opportunities we are creating. Companies of all sizes across the West Midlands are playing their part in HS2's construction, and we provide free training and support to help local people access employment opportunities with us.

What made you join that industry?

I have worked at HS2 for almost ten years and when I first joined the project, HS2 was just a line on a map. Now over 27,000 people are helping to build the railway between London, Birmingham and Crewe. There have been so many different stages to the project and this makes my day-to-day role really varied and interesting. I was attracted to this industry because there are so many opportunities to learn different skills, and the chance to be a part of the biggest infrastructure project in Europe isn't something that comes along every day. It's an historic and transformational project to work on.

One piece of careers advice?

Get as much experience as you can. I was a student for quite a while and worked in all kinds of jobs including volunteering at an Oxfam shop, working in a supermarket café, cleaning hotel rooms – it all helps you understand what you enjoy doing and shows employers, even in completely different industries, that you have lots of transferable skills. And finally, keep checking our careers webpage – we need thousands more people to help play a part in HS2's construction.

RACHEL JOHNSON, SENIOR COMMUNITY ENGAGEMENT AND INTERFACE MANAGER FOR INTERCHANGE STATION AND THE AUTOMATED PEOPLE MOVER AT HS2 LTD

Tell us about your business

I work for HS2, the company delivering Britain's brand new high speed railway. The railway is being built in three phases, with the first phase between Birmingham and London due to open between 2029 and 2033.

There will be four new stations on this section of HS2, including Interchange Station in Solihull, near Birmingham Business Park. A people mover system (similar to a monorail) will link passengers from Interchange to the NEC, Birmingham Airport and Birmingham International Station. When fully operational, passengers will be able to travel from Interchange to

THE NEC GROUP

LISA JOBINS, REGIONAL PARTNERSHIPS SALES EXECUTIVE, NEC GROUP

Tell us about your business

I work for the NEC group – the UK's leading live events business. We run The International Convention Centre (ICC) in Birmingham city centre, The Vox, Resorts World Arena, Utilita Arena Birmingham, The Ticket Factory, Amplify, Amadeus and The National Exhibition Centre (NEC) which is located a stone's throw away from the business park.

Tell us about your role?

Working within the Media & Partnerships team, I am responsible for liaising with regional businesses and assisting with their needs to connect with and be seen by the 12 million visitors to our venues each year. This can be anything from digital or static advertising at our sites, being listed in our supplier directory through to full naming rights for our venues (for example, Utilita have the naming rights for our city centre arena). I have a large regional network which



Lisa Jobins

has expanded throughout my career and attend networking events and lots of meetings each week to continue to build our presence in the regional business community and help businesses understand how a large company like ours can bring benefit and exposure.

What made you join that industry?

Most of my career has been in a customer facing role, I enjoy meeting people and hearing about their businesses. It seemed a natural progression from my previous role to continue to work with my regional contacts, and to help them to utilise the vast assets that the NEC Group has to reach their target audiences. I get a real kick from listening to the needs of a business and finding the right solution for them. I enjoy the variety the role brings and working in a live events business can be exhilarating!

One piece of careers advice?

Network! Keep your mind open to opportunities, ask questions of contacts in other industries to understand more about different businesses and generally get 'known'. Be yourself, be supportive of others and be honest, as future clients as well as future employers will have trust in you. People I have met through networking professionally have become personal friends, clients and even employers!

DO YOU HAVE A QUESTION ABOUT HS2?

You can get in touch with HS2 via the Helpdesk team on:

Tel: 08081 434 434

Email: hs2enquiries@hs2.org.uk

NEWS & EVENTS AT BBP: ALLOTMENTS & NETWALKING



Join our Allotment Club and grow for it!

Would your business like to get those gardening gloves on for the BBP Allotment Club? It's a great opportunity to bring colleagues together and support the local community.

Lots of BBP occupiers already have an allotment plot and have been successfully growing seasonal produce that can be taken home or used to support local community initiatives.

You could have an office rota for people who want to get involved and on the first Thursday of every month we have experts at the allotments to offer growing and preparation tips.

Email lori@birminghambusinesspark.co.uk to register your interest in an allotment plot for your business.

KEEP UP WITH WHAT'S ON AT BBP

Keep up to date with the latest news, events, campaigns, freebie drops, food carts, local discounts at Birmingham Business Park with your copy of the monthly What's On. If you do not already receive the What's On schedule, email lori@birminghambusinesspark.co.uk to be added to our distribution list.



OUR COMMUNITY WHAT'S ON
OCTOBER 2022
Birmingham Business Park

BHappy
COFFEE BIKE
EVERY MONDAY - THURSDAY
Time: Serving from 11.00am - 2.00pm
Venue: Main Lobby

JUST FRESH & BURGERS
EVERY WEDNESDAY & THURSDAY
Time: Serving from 11.00am - 2.00pm
Venue: Main Lobby

URBAN SPICE BOX
THURSDAY 6TH OCTOBER

BFit
WELLBEING WEDNESDAY & OPEN DAY AT UBC
WEDNESDAY 12TH OCTOBER
Venue: UBC, 1290 Salford Parkway
Wellbeing Wednesday
Time: 12.30pm - 2.00pm
We will be joined by Tania Skirrow, Ambassador Julia Mitchell and Julia Baines of Mindfulness Hypnotherapy. We will be holding taster sessions which will include Tai Chi and guided meditation. More details to follow.

Open Day
Time: 10.00am - 2.00pm
Come along to find out more about the flexible working options available, including day office hire, coworking, hot-desks, private offices, meeting rooms, virtual offices and more. Please email Birmingham reception@bbp.co.uk if you are interested in attending.

BThere
BIRMINGHAM BUSINESS PARK MEET THE BEES
THURSDAY 6TH OCTOBER
Time: 1 hour sessions between 11.30am - 2.30pm
Venue: Beehives, next to the Main Lobby
We're inviting our businesses to take part in this unique opportunity to join us for a 'meet the bees' session at our beehives with our local beekeepers. During the session, you'll get to wear a beekeeper suit, find out what our honeybees do and exactly why they're so special. The beekeeping experience is led by Dave Taylor from our Landscaping team at Nurture Landscapes. This will be a great team building opportunity and our photographer will be on hand to capture the day.

YOGA WITH BEREN
Chair yoga
via Zoom - Wednesdays 10.30am - 11.15am
Thursdays 12.30pm - 1.15pm (KS)
Hatha yoga
via Zoom - Wednesdays 12.30pm - 1.15pm (KS)
via Zoom - Wednesdays and Thursdays 6.30pm - 7.30pm (£7.50)
Contact for more details berenghathayoga@gmail.com or 07759 463416

Date for the Diary

Make new business connections, new friends or get some well-needed fresh air by joining us for our Netwalking session. Led by Health & Wellbeing coach, Julia Mitchell, the sessions will take place at 12.15pm on **the last Thursday of every month** at the Park Management office. The 20-30-minute walk will span the woodland walk, wildflower meadow, through the allotments and end with a FREE coffee. Booking is essential so please contact Julia on **07548 251234** or email hello@yourhealthysteps.co.uk to reserve your place.

NEWS & EVENTS AT BBP: FOOD & DRINK



Foodie Thursdays

Enjoy a lunchtime bite to eat in the BBP great outdoors this autumn with our popular Foodie Thursday food stalls offering hot meals and drinks next to the Main Lake.

There's a rotating food offer with street food to suit all tastes alongside the Coffee

Bike serving classic coffees between 11am-2pm every Thursday. You'll find deckchairs, table seating and the Park's table tennis to keep you occupied during lunch.

Keep an eye on BBP social media for the latest food stall news.



Wreath Making

Businesses from across the Park are invited to get into the festive spirit at our popular annual wreath-making event.

Colleagues can come together to learn a new skill and create beautiful Christmas wreaths to take home with them on Thursday, December 8th.

The BBP landscaping team, Nurture, host

the one-hour workshops where attendees are shown step-by-step how to make beautiful, unique wreaths. The event is free, with attendees asked to donate to the Park's partnered charity, British Heart Foundation. To have first access to bookings, email lori@birminghambusinesspark.co.uk and sign up to the Park's communication list.



ARTISAN DELI RETURNS TO BBP

The Artisan Deli has reopened at Birmingham Business Park to offer breakfasts and lunches for BBP employees and visitors.

Managed by the award-winning Saffron Catering, the Artisan Deli at The Crescent building offers a full range of hot and cold drinks, savoury snacks, jacket potatoes, sandwiches and wraps. Hot lunches are available between 11.30am and 2pm each day.

The Artisan Deli is open to the general public and can offer full catering services for business meetings, presentations and workshops.

The Artisan Deli has comfortable seating, creating a welcoming and fresh environment for everyone to enjoy a bit of 'me time', lunch with friends and colleagues or to hold meetings in a relaxed space.

Saffron can also offer corporate lunches to local businesses, catering for meetings ranging from 10 to 200 over the lunch period.

Visit the Artisan Deli today!
Upstairs in Citibase at 2010 Birmingham Business Park – opposite the e-bike shed.



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- 5.** Collect your order and enjoy!



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